

Welcome, NAME, PDF Summary of The Habit of Meditation

Hello, *|FNAME|*,

Congratulations!

I am happy to be connected with you. I look forward to providing value to and serving you.

Please whitelist my email address, so my emails always make it into your inbox. Add Christopher@ChristopherBueker.com to your address book.

Add a filter that automatically puts my emails into your inbox.

Here is the no-cost PDF summary of The Habit of Meditation: How to Establish a Daily Meditation Practice.

To significantly increase the likelihood of attracting your dream life, meditation is a critically important skill and tool that you need to learn.

It is wise to become proficient at the practice of meditation sooner than later.

The full version of my latest book is now published and is available for purchase on Amazon. To view its Amazon page, [click here](#).

Over the next couple of days and weeks, I will send you emails that allow you to get to know my business a little bit more.

One question for you:

When it comes to attracting your dream life, what is the biggest challenge you face?

Please reply to this email with your response. I read every response. It is my intention to reply to every email.

Again, I am happy we are connected.

Thank you.

From the heart,

Christopher

One important thing I have learned from my past

Hola, NAME,

I have learned lots of lessons in my life. One of the most interesting life lessons has come through years of experience. I have come to realize this phenomenon by letting go of my attachment to my ego.

During my late adolescent days, I experienced much suffering. It was actually the best thing that could have ever happened to me.

The intense suffering I experienced helped catalyze my journey of self-healing, personal development, and financial independence.

Through my experiences on Earth, I have come to realize that we are all in this together.

Humanity is at a crucial time in history. We all have a decision to make.

It is a decision between fear and love.

I am so happy you and I are connected. All you and I need to do is: live in our heart center and continue to work on ourselves.

Be compassionate to yourself and others. Be a kind presence in the world today.

We all have a choice to make. And we are all in this together.

If you have not done so already, make sure you have whitelisted my email address:

Christopher@ChristopherBueker.com.

Add a filter that automatically puts my emails into your inbox. Please add me as a contact in your address book.

From the heart,

Christopher

PS My mission is to provide you with valuable content that helps you transform your life. As I reveal more in the next couple of emails, be on the lookout for my next one.

Why do my clients and customers choose to go through me?

Hello, NAME,

There are plenty of professionals offering similar services and products. Yet, mine are in high demand and have been for some time!

You are probably wondering: How does this happen?

Well, to say, the least: it does not happen by chance.

I have put over 10 years into my healing journey, personal development, and mastery of myself.

My customers and clients choose me simply because I produce results. If you want to see a big positive change in your life, stay connected with me.

My network also chooses my products and services because I am down to earth and I meet you where you are at. I am approachable, sincere, and genuine.

Another reason that you can trust me is that I provide great value to you.

You deserve to live your dream life. We are all deserving of this. It just happens that you and I are connected. You have a huge leg up.

You are closer to achieving your goals than you have ever been before.

To read the full version of my testimonials and reviews of my services, [click here](#).

From the heart,

Christopher

What's in it for me?

Good day, NAME,

Yes, I offer my clients and customers the highest quality products and services. Yes, I maintain integrity in everything that I do. Yes, I provide excellent value to my clients and customers.

But, you still may be asking yourself: What can I do for you?

I provide you with life-changing products and services. I connect you with solutions to the problematic situations that you are experiencing.

I provide you with easy ways that help you reconnect with your inner peace and tranquility. I provide you with transformational products and services that help you attract the life of your dreams.

Do you want to experience more joy, success, wealth, and love in your life?

Well, of course, you want that for yourself. And I remove the guesswork for you.

Since 2011, I have searched high and low for methods and techniques that allow me to live my best life. In that time, I have tried many different things to achieve this. This involved a lot of trial-and-error and it lots of time.

I remove the trial and error guesswork and deliver techniques and approaches that allow you to achieve your goals quickly and efficiently.

I provide you with methods and techniques that produce results efficiently. This saves you a lot of time and money.

If you have a friend or loved one who would benefit from my free PDF guide reviewing my latest book, The Habit of Meditation, please direct them to [my website](#), so they can opt in to my email list as well.

From the heart,

Christopher

PS I connect you with products and services that give you the ability to transform your life.

What drives me to do what I do?

Hi, NAME,

Have you ever wondered why you do what you do?

What gets you up in the morning?

What motivates you?

My mission is to help you reconnect with your intuition, release limiting belief systems, and adopt empowering belief systems.

I want you to attract and live your best life. You want this for yourself, right?

I am driven to do what I do because of the journey that I have embarked upon this time around.

My personal experience has blessed me with much knowledge, insight, and wisdom.

I am aware of how the world is run. It is obvious we can do better.

It is our birthright to experience freedom and liberty. We consciously create our experiences.

Whatever is programmed into your subconscious mind manifests itself as people, places, and experiences for you.

My mission is to help you reprogram your subconscious mind to experience greater levels of happiness, love, and wealth.

I have done this for myself. In the last 10 years, I have completely transformed my life. You have this ability to be the conscious creator of your life.

I have much insight and wisdom regarding this process. I want to share these secrets and insights with you.

Please visit my website to read my mission and vision page by [clicking here](#).

From the heart,

Christopher

One profound truth about how the Universe works

Hey there, NAME,

Have you ever wondered if there are Universal Laws that underpin the nature of reality?

Have you ever wondered how to obtain true peace?

These are things I have grappled with since my late adolescent days. I have had many ups and downs in my life. Through these times, I have learned many life lessons.

One of the most profound truths I have learned is about karma. Karma means action. Karma implies there is balance and harmony in the Universe. I have seen karma play out many times in my life.

I now realize you and I live in an intentional Universe. Our thoughts, words, and actions are all meaningful.

I remember hearing it from a young age:

What goes around comes around. And this is a beautiful thing.

To be in alignment with the Universe, you need to purify your vibration. The best way you can do this is through the regular practice of seated meditation.

If you have not already established a daily meditation practice, I recommend that you read my latest book, which is titled *The Habit of Meditation: How to Establish a Daily Meditation Practice*.

To purchase *The Habit of Meditation*, [click here](#).

From the heart,

Christopher