

Subject: Get back on track with your fitness goals, [FNAME].

Hey there, [FNAME],

Long time no see. We've been missing you at our fitness studio for 60 days, and now is the perfect time to get back into the groove of taking care of yourself.

To refocus on your fitness goals and book your next session, [click here](#).

Let's talk about a common hurdle we've all faced: the sneaky "Motivation Monster" that loves to throw us off track.

We start off strong, but life happens, and our health goals end up on the back burner.

But don't worry, because our studio has a sustainable solution for you.

It's time to schedule your next workout session and show that pesky "Motivation Monster" who calls the shots.

Imagine this: You walk through our studio doors and experience an amazing workout. You leave feeling fantastic, proud of yourself for taking control of your health and building resilience.

This isn't just another chore...

It's a declaration that you're ready to refocus on your goals and embrace a healthier and happier life.

Follow these simple steps to make it happen:

1. Click the link below.
2. Find a time that fits your schedule.
3. Add the class to your cart and make the payment.
4. Come to the studio, enjoy your workout, and feel amazing.

To schedule your next session, [click here](#).

Your fitness journey is waiting for you.

All the best,

Name of Studio Manager

Subject: Unleash the adventurer within you with our new offering

Hey there |FNAME|,

Ever look for more excitement in life? We get it! Sometimes, the daily routine can leave us yearning for something adventurous.

But fret not! We've got something to spice things up.

Introducing our fun new class at Fire Hot Fitness Studio - the perfect remedy to add variety and adventure into your world.

Say peace out to the mundane and hello to a heart-pounding journey that will awaken your inner adventurer.

So, how can this class fill the void and add that spark you're missing?

Picture this: a fusion of functional fitness exercises and exhilarating challenges designed to push your limits and ignite your sense of exploration.

It's time to break free from the mundane and level up.

Ready to embark on a path of excitement and personal growth?

Don't miss our upcoming adventure-filled class, where fitness meets excitement. Be prepared to experience a side of yourself you never knew existed.

Claim your spot in this value-driven opportunity. Here's what to do:

1. Click the link below.
2. Find a time that works with your schedule.
3. Add the session to your cart and make a payment.
4. Come to the studio, enjoy your workout, and feel amazing.

To find the class that works with your schedule, click here.

All the best,

Name of Studio Manager

PS: Life's too short to miss out on juicy experiences. Sign up for the class. It is designed to take your fitness journey to new heights. To access the schedule, click here.